

# Midlands Crafters 4 Breast Cancer

## Heart Wash Cloth

### Materials needed

Use a soft 100% cotton DK yarn, e.g. King Cole Cottonsoft or Stylecraft Classique (approx. 25g)

4mm needles

4mm crochet hook

### Abbreviations

*Sl1 Purl-wise:* Slip first stitch purl-wise, and then pass yarn back under right-hand needle ready to knit next stitch.

*Kfb:* Knit into front and back of stitch to make 1 stitch.

(3): Stitch count on completion of row

### Instructions

Cast on 3 stitches

Row 1: Knit (3)

Row 2: Sl 1 Purl-wise, Kfb, K1 (4)

Row 3: Sl 1 Purl-wise, K1, Kfb, K to end (5)

**Repeat Row 3 until you have 18 stitches**

Row 17: Sl 1 Purl-wise, K1, Kfb, K5, P1, K9 (19)

Row 18 **and every alternate row:** Sl 1 Purl-wise, K1, Kfb, K to end (20)

Row 19: Sl 1 Purl-wise, K1, Kfb, K5, P3, K9 (21)

Row 21: Sl 1 Purl-wise, K1, Kfb, K5, P5, K9 (23)

Row 23: Sl 1 Purl-wise, K1, Kfb, K5, P7, K9 (25)

Row 25: Sl 1 Purl-wise, K1, Kfb, K5, P9, K9 (27)

Row 27: Sl 1 Purl-wise, K1, Kfb, K5, P11, K9 (29)

Row 29: Sl 1 Purl-wise, K1, Kfb, K6, P11, K10 (31)

Row 31: Sl 1 Purl-wise, K1, Kfb, K7, P5, K1, P5, K11 (33)

Row 33: Sl 1 Purl-wise, K1, Kfb, K9, P3, K3, P3, K13 (35)

Row 35: Sl 1 Purl-wise, K1, Kfb, K to end (37)

**Repeat Row 35 until you have 49 stitches, then start the decreases:**

Row 48: Sl 1 Purl-wise, K2, K2tog, K to end (49)

**Repeat Row 48 until you have 6 stitches**

Row 90: Sl 1 Purl-wise, K1, K2tog, K2 (5)

Row 91: K2tog, K1, K2tog (3)

Row 92: Knit (3)

Cast off, using final stitch to crochet a short chain (approx. 18 stitches) to hang the washcloth with.  
Sew in ends securely.

